**CURRICULUM VITAE**

**EHSAN MAHMOUD FAHMY**

**M.Sc.,M.D.PSYCHIATRY**

**Benha Faculty of Medicine**

**Benha UNIVERSITY**

**April 2019**



**Name:** Ehsan Mahmoud Fahmy

**Sex :** Female

**Date of Birth:** November 24,1951

**Place of Birth:** Cairo

**Nationality:** Egyptian

**Marital status:** Widow

**Permanent Address:** 81, El Hussin street,Dokki,Guizah,Egypt.

**Mobile Egypt:** +2-01220102066

**Email:** [ehsanfahmy@hotmail.com](mailto:ehsanfahmy@hotmail.com)

**6/20016 till present**

* emiretus professor of Psychiatry benha Faculty of medicin

# Professor of Psychiatry, King Khaled University, Abha,KSA from 2009-may2016

* Professor of psychiatry,Benha Faculty of medivine fromApril2005-September2009

# Head of Neuropsychiatry Department (1993-March 2005) Benha Faculty of Medicine, Zagazig University, Egypt

* Member in the council of the Egyptian fellowship till september2009.

**Qualifications:**

**1976** M.B., B.Ch. Cairo University, Egypt.

**1981** M.Sc. Neuropsychiatry, Zagazig University.

**1988** M.D. Psychological Medicine, Zagazig University.

**Position &Titles**

**2011 till present** Emiretus Professor of Psychiatry

**1998 - 2011** Professor of Psychiatry.

**1993-1998** Assistant Professor in Neuropsychiatry Department

Benha Medical Faculty

In-charge of Neuropsychiatry Department

**1988-1993** Lecturer in Neuropsychiatry Department

Benha Medical Faculty

**1982-1988** Assistant lecturer in Neuropsychiatry Department

Benha Medical Faculty

**1980-1982 T**utor in Neuropsychiatry Department

Benha Medical Faculty

**1978-1980** Resident Physician, Psychiatry department, Zagazig University Hospitals

**1977–1978** House officer in El Kasr El Einy Teaching hospital.

**National Scientific Meetings and Conferences**

Active participation and paper presentation in selected national conferences and meetings

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| March 1988 | The International Annual Congress of the Egyptian Psychiatric Association.  “Future of Psychiatry”. Cairo.Member in the Scientific committee. |
| March 1996 | Impact of Health Education on the Knowledge of the Secondary Schools Students about Drug Dependence. In the First Egyptian International Conference on Addiction and Drug Abuse |
| Oct.1996 | Is Neurasthenia an Existing Disorder? In the annual Conference of Benha Faculty of Medicine |
| March 1997 | Serum Immunoglobulin’s in Schizophrenia. In the conference of the Egyptian Psychiatric Association. Alexandria |
| March 1998 | Emotional States of Children in the PICU. In the conference of the Egyptian Psychiatric Association. Cairo |
| Dec.1998 | First International Pan African Congress of Psychiatry “Culture and Psychiatry”by the Institute of Psychiatry, Ain Shams. Member in the National Board. |
| May, 2000 | Prevention in Depression and Mood Stabilizers. In The Annual Conference of Benha Faculty of Medicine |
| May 2000 | Prevalence of Infantile Autism in Benha City. In the Annual Conference of Tanta Faculty of Medicine. Ein el Sokhna. |
| Oct. 2000 | Mental Health Policy and Economics in Arab Countries and Sub-Saharan Africa. By the Egyptian Psychiatric Association. Member in the scientific committee. |
| March 2002 | Neuroscience in Action. Hamburg,Germany |
| March 2003 | Integration of Mental Health in Primary Care Units.In the conference of the Egyptian Psychiatric Association. Cairo |
| April 2004 | First Annual Ellilly Neuroscience meeting, Istanbul |
| May 2005 | Is there a Need for Adolescent Psychiatric Clinic? First Conference of Benha Neuro psychiatric department |
| May 2005 | Regional Neuroscience Conference, Cairo |
| June 2005 | Regional Neuroscience Conference, Dubai |
| Sept.2005 | XIII World Congress of Psychiatry, Cairo |
| April 2009 | WPA, International ”Treatments in Psychiatry: a new update. Florence, Italy |
| June 2010 | The 6th Annual Research Day of Medical colleges, Abha, KSA |
| March 2011 | The 10th Annual Jeddah Psychiatry Symposium “Psychiatric Practice in Medical Field(Interface &Integrative)” |
| May 2011 | **STUDY OF PLATELET SEROTONIN, SUICIDE, SELF-MUTILATION AND CHILDHOOD SEXUAL ABUSE IN BORDERLINE PERSONALITY DISORDER PATIENTS**.  The 6th International Conference on Health Issues in Arab Communities in Aleppo, Syria May 1-7, 2011. Published in the conference book. Postponed to October2012 in Michgan,USA |
| June 2011 | **The 7th international conference on psychiatry “controversies in Psychiatric Practices”Jeddah,Saudia Arabia** |
| February 2012 | **5 th Annual kasr El- Ainy International Psychiatry conference.Cairo 22-23 February,2012** |
| March 2019 | **1st Annual Psychiatry Congress of Tanta Neuropsychiatry Department,21-22 March,intercontinental city stars,Cairo** |
| April 2019 | **2nd AlAzhar University Annual Congress(girls) 6 th April AlAzhar conference Hall Nasr city,Cairo** |
| April 2019 | **6 th Annual Regional Conference ofintedrated Psychiatry “Preventive Psychiatry” 13 April ,Dusit Thani Hotel,New Cairo** |

# Scientific Papers Published in International Journals

1. Life events and addiction: A review of literature. The European journal of psychiatry,v.18 n=3 Jul - Sept 2004
2. The psychological benefits of continued breast feeding into the second year for mother and child,Int,J.Ch.Neuropsychiatry2 (2) 143-153,2005
3. Impact of self reported life events on the profile of opioid dependence syndrome. Am, J, of drug and alcohol abuse.36,7-12,2010

**4. Emotional Control in Patients with Opioid Dependence Syndrome and Reported History of Negative Life Events**

Journal of “Addictive disorders and their treatment”Vol 11, nb2,June 2012

**Information Education& Communication Material**

Prepared, edited, participated or supervised the production of a

Number of IEC material including the following:

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| **1998** | **Guide for successful breastfeeding** |
| **1999** | **“Protecting Women,children and Families from Hazards of Passive Smoking”in Arabic(published through ASWIC)** |
| **2001** | **“Family Centered Maternity Care”volumeII of Health Management and Social Medicine series published by ASWIC(Arabic and English)** |
| **2001** | **“Facts and Messages for Youth”(Arabic brochure)printed through ASWIC** |
| **2001-2002** | **Participating in the presentation of TV educational series in Mental Health of adolescents in Horus Satellite Channel programs titled “The World of Health Administration”(Donia Eledara elsehya) and “youth issues”** |
| **2005** | **Preparation of the Diagnostic guidelines and Management of Mental Disorders to the Primary Care Physician in Egypt.** |

**Clinical skills acquired:**

* Individual and group psychotherapy (transactional, cognitive & behavioural)
* Adolescent counselling.
* Self esteem training courses for orphans in foster homes.

**Language Skills:**

Speaks and writes Arabic French and English fluently.

**Bibliography**

**Thesis (2)**

**Supervised M.Sc,M.D thesis and published research papers(65)**

**Unpublished Thesis**

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| **1982 M.SC thesis Neuropsychiatry**  **Faculty of medicine,Zagazig university** | **“Behaviour disorder in primary school children in sharkia governorate”supervised by Prof.Mounir Fawzi** |
| **1987 M.D thesis in Psychiatry**  **Benha faculty of medicine,Zagazig university** | **“Eatiological psychosocial factors in personality disorders”supervised by Prof Mahmoud Samy Abdelgawad&Prof Ossama Esherbini** |

**Memberships in National Organizations**

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| **NGO** | **Role** |
| Association for women studies in civilization ASWIC | Member of the unit for social health and medicine aimed at promoting health of communities and health policy from a social and cultural perspective with special focus on youth and women |
| Egyptian Psychiatric association | Member |
| Egyptian Mental health association | Member in the scientific board of the journal |
| Muslim Youth girls association | Member |

**Awards:** Awarded by Kalyoubia medical syndicate for the medical services provided in Kalyoubia Governorate. November 1997